



Certificate of Course Accuracy



South of England **Course Number :** **25/470**

Race Name : **MATCHING 10K**

Course Name : **MATCHING 10K 2025**

County : **Essex**

Distance : **10K**

Date of Race : **4 May 2026**

Measured : **30 Sep 2025** **By :** **P Wood**

Promoter : **MATCHING 10K CIC**

Drop : **0.1 m/km**

Separation : **2 %**

World Athletics limits for record times are - Drop: 1 m/km; Separation: 50%

There is a temporary closer of the road on the first 0.5K part of the course last 50 metres to the finish..

This is to certify that the length of the above road race has been accurately measured by an accredited Course Measurer using World Athletics procedures approved for use in the UK. A complete record of the measurement is held by the Area Measurement Secretary. The measurement remains valid for 10 years provided no changes are made to the course. The start/finish and the route must be set out EXACTLY as defined in the measurement report. Any modification will need to be measured for a new certificate.

Signed:

Area Measurement Secretary - South of England

Date: **3 Oct 2025**