

# Runners Information

## Pre-Race Briefing - Monday 4th May 2026 at 9:50am

Please read all information carefully.  
Further information is available at [www.matching10k.org](http://www.matching10k.org)

**Race Route:** The Matching 10k Run is a marshalled course that follows a circular route starting opposite Stock Hall on Potash Road in Matching Green and then through Pear Tree Green, Manwood Green and along Downhall Road, turning into Matching past Matching Church into Matching Tye, before meandering back towards Matching Green. Please note that part of the race route passes through private land (marked RED on the Route Map) and participants are asked to note that with the exception of race day, this part of the route is secured by a locked gate and no access to this part of the route is allowed or possible. The Matching 10K Run is being run in accordance with UKA/EA principles. The course is gently undulating and on road throughout.

**Age Limit:** All runners must be 15 or over. Marshals will stop any adults running with children. If it is safe to do so, take a note of the running numbers and report this to Race HQ.

**Race HQ:** Race HQ will open from 8am and is located on Matching Village Green. At 9:50am there will be a verbal Race Briefing in front of Race HQ.

**Race Packs:** Race packs include your running bib and timing chip. It is against the rules to swap running numbers without agreeing with us first, anyone caught running in another person's running number will be disqualified. This is also for Health and Safety purposes.

### Race Pack Collection:

- Race packs can be collected on the following dates, we encourage everyone to pick up as early as possible to avoid queues:
  - Saturday 2nd May 2026 - Collect at Harlow Park Run, after the run in the Greyhound Car Park, announcement will be made on the day.
  - Sunday 3rd May 2026 - Collect at the Cricket Pavilion on Matching Village Green between 1pm and 3pm
  - Monday 4th May 2026 (Race Day!) between 8am to 9:30am from the registration desk at Race HQ on Matching Village Green.
- Race packs include your running bib and timing chip. Please arrive with plenty of time to register and collect your race pack from the registration desk at Race HQ. You will be given your race number & your timing chip (the foam strip) will be attached to the back of this. **Please do not bend or remove it from the race number.**
- You will need 4 safety pins to attach your race number to the front of your shirt.
- The event is chip timed and your race time does not start until you have crossed the start line.
- Results are calculated by Races On Line. Your time will be uploaded to their website within seconds of you crossing the finish line. You can find your results at [www.racesonline.uk](http://www.racesonline.uk)
- The course has been officially measured and holds an international certificate of course accuracy. In addition, the time you record on your smart phone is not a reliable guide and will not be your correct chip timed result. Please wait until the official results are published to find out your accurate finish time.

**Race Day Parking:** The event car parking is located at Matching Airfield and is clearly signposted and we ask that you do not park illegally on grass verges or the race route. Arrive early to give yourself plenty of time to negotiate any traffic build-ups and delays.

- What3Words location of Matching Airfield: <https://w3w.co/clubs.cute.trunk>. Please follow the directions of our traffic marshals. It takes about 10 minutes to walk from the car park to the race start on Matching Green. [CLICK HERE](#) to view a map of the location of the car park (which is shaded in YELLOW).
- The car park will open at 7.45am, please allow enough time to collect your race pack.
- Disabled parking is available. Please ask car parking marshals for direction.

**Sports Therapy and Sports Massage:** [SV Sports Therapy](#) who will be attending on the day offer pre/post run sports therapy services. They are generously providing their services free of charge for us on the day although donations in support of our charities will be gratefully received.

**Bag Drop:** Kit may be left in the bag drop for a £2 donation located in the Cricket Pavilion on Matching Village Green at your own risk. Unfortunately we are unable to take responsibility for small valuables (car keys/wallets etc). This facility is being organised by Matching Green Cricket Club and all proceeds from the bag drop will go to them.

**Water:** The weather on race day may be warm and it is your responsibility to ensure you take on enough water. There is ONE water station on the course at approximately the 6k marker by Matching Church. Water is also provided as runners cross the Finish Line.

**Finish Line:** The race finishes on Matching Village Green, behind the cricket pavilion on Potash Road and there is plenty of space for spectators. You will be funnelled to collect your water and finishers t-shirts etc. We suggest you agree a meeting point with friends and family on the Village Green outside the finish area to avoid congestion and as a courtesy for runners who have yet to finish.

**Earphones:** In line with UKA Rules, headphones and earbuds are prohibited. This is for your safety, as listening to music during a race may distract you from being able to hear instructions from our race marshals and other runners on the course. If you are observed using such a device during this race you will be disqualified. Bone-conduction headphones are permitted in this race.

**Results:** Runners results will be displayed at Race HQ (subject to weather conditions). Runners will be emailed and any runner that has provided a mobile number will be sent a text message on the day. Results will be available to view on our website shortly after the race.

**Hazards/Pot Holes:** Please be aware that there are pot holes on the route.

**Medical Support:** Medical provision is provided. Marshals will be lining the route at 1km intervals. We also have first aiders and medical support around the course.

**Spectators:** Non-runners have access to Matching Village Green via all public routes.

**Matching May Day Village Fete & Refreshments:** While not part of the Matching 10k Run, the village is holding its Annual Matching May Day Festival on the same day as our run. Last year at the May Day Fete there was a BBQ, ice cream van, stalls of all types, May Pole dancing, a tea & coffee tent, May Queen, cake baking competition, licensed bar, fun dog show and a tombola and raffle. Please remember to bring cash – some stall holders may have card readers but the signal strength is not great so cash is easier and quicker!

**Most importantly, STAY SAFE and ENJOY THE RACE!**

The Matching 10K Race has been approved as a Race that will be held under UK Athletics Rules for Competition and in accordance with the Licence Requirements. Our Event Licence number is #30998. This licence, in conjunction with our governing body affiliation, includes Third Party Liability Insurance cover (Limit of Liability £50,000,000 any one accident or occurrence).

Our Certificate of Course Accuracy number is 25/470. The length of the Matching 10K Race has been accurately measured by an accredited Course Measurer using World Athletics procedures approved for use in the UK. Matching 10K CIC is affiliated with England Athletics. Our Certificate of Affiliation number is 7694029.